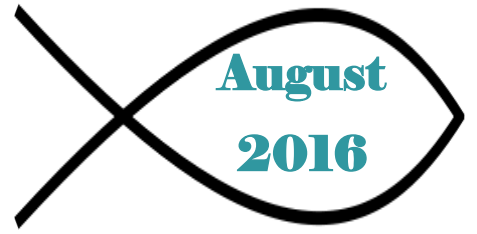


Daybreak

A New Day is Dawning



Volume 25

Sunrise United Methodist Church
5420 Sunset Lake Road
Holly Springs, NC 27540
www.mysunrise.org

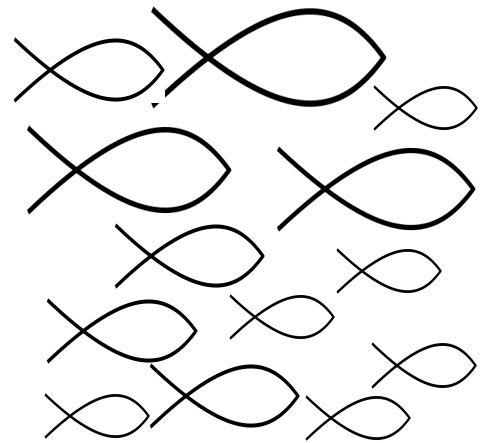


Dear Sunrisers,

August used to herald the return to school. We came back from a long summer and leveled up. 7th graders became 8th graders and 8th graders became freshmen! It was an exciting time where new dreams were dreamed and we all took a few moments to reinvent ourselves... better...stronger...smarter. As more and more of our families live into one of the four year round school tracks, August is less pronounced but the theme is still just as important. With fall approaching, how might we step up to a new level and choose to be better, stronger and perhaps smarter too?

Excellence is a personal theme for this appointment year. Last month I introduced the theme of not being satisfied with simply being good. How might we be totally awesome? Put another way, how do we step beyond good and even really good to achieve true excellence? What would it look like for Sunrise Church to be better than she has ever been before? What would it look like for you to be better than you have ever been before?

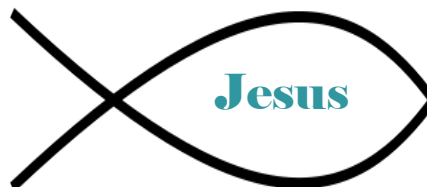
For Sunrise, we will be celebrating our 20th year of history in November. Plans are underway for a huge celebration that will likely involve a tent, maybe a single worship service led by our founding pastor Rev. Gary Allred, food and a chance for us to commit ourselves anew to



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Church Office
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M-F 9am - 4pm
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8:30 & 11:00am
Saturday Worship
5:05pm
Pastor Tom
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Sunday School
all ages
9:50am
Youth Minister
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Minister of Adult
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Ann Lawton
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Minister of
Music & Arts
Laura Garrett
Ext. 208
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Ext. 202
Stephen Ministry
Tammy Lack
919--552-5163
Preschool
Kim Sain
Ext. 204





Sunrise Church. In advance of this celebration, we'll be offering more opportunities for growth and development for all our members. New small groups will be started. We're intentionally calling them "life groups" and they are prayerfully designed to add life to all who participate and to Sunrise Church (see Ann Lawton, she'd be glad to tell you more!!) We'll continue awesome outreach and ministries like support for Holly Springs Food Cupboard (check out the wing contest on August 20th at the Farmers' Market and the annual golf tournament in September!) and the NC State Fair Kitchen. We'll also start new things from Bible studies to life groups and begin planning summer mission trips for 2017!

For you I believe spiritual excellence will mean a deeper connection with God through Sunrise Church. It is more than just a goal to have all our active participants involved in some class or life group. It is a step towards spiritual excellence to commit ourselves to learning, growing, connecting with one another and God. We'll do fun things like the fall festival in September. We'll also do serious things like Bible Study and service to "the least of these" (see Matthew 25) through ministries like With Love From Jesus and The Holly Springs Food Cupboard. All these things and more are opportunities for us to please "Our Father" and receive more from God. No one can serve God more and spend more time with God and God's people without also growing. We'll reach towards excellence and it won't even feel like work!

What's your next step? Mine is worship this weekend and growing partnerships with other Sunrisers as we work together to plan some of these steps and to implement others. For you I hope it will also include worship this weekend and more weekends in the future. Sign up for a life group. Donate blood and save up to 3 lives (August 15th!). Glorify Jesus in all that you do. This pleases "Our Father" and moves us closer to the excellence God created us to achieve!

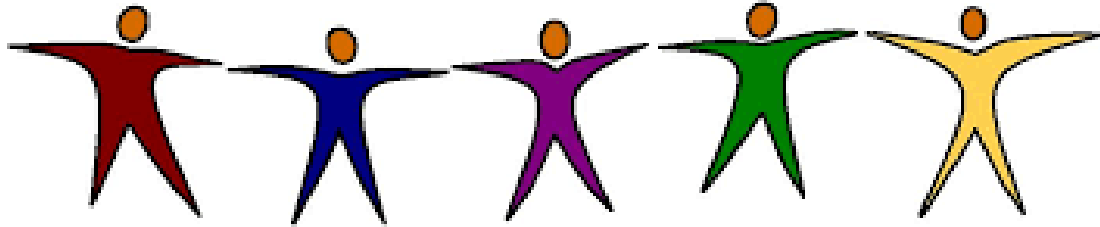
Peace and Partnership,
Tom Newman, pastor



Clint, Alyson, Grant and Tucker Stevens

Joined July 17, 2016

CONNECT



Needed! Safe Sanctuary buddies for children and youth music ministries. Jay and Laura Rabon are looking for adults to help with Kids Praise Ensemble, Middle School Fireproof and High School Fireproof throughout the school year. Please contact them at rabonj@nationwide.com (Jay) or JLRabon3@aol.com (Laura).

A New Name And A New Format!

Be sure to check out our **8:30 AM Sunday Service** formerly known as the “light contemporary” service. After prayer and discernment we are stepping away from the charged and ambiguous terminology “light contemporary” and will be embracing the term **“Praise and Worship Service.”** Our worship team prayerfully seeks to lead us in praise and worship so we are naming our service true to the intent of our dedicated musicians. The format will also be slightly different to focus us on a more worshipful experience and be very similar to the format Fireproof used to lead worship on their mission trip. Give our Praise and Worship service a try and tell us what you think! ~TomNewman tnewman@mysunrise.org.

Would you like to invest in the life of a Sunrise UMC child? If so, please join current Sunday school teachers for a lunch and learn session August 14th, 2016 immediately following the 11:00 service. Lunch will be provided. We will discuss current Sunday school curriculum and brainstorm new ways to improve the enrichment of our children here at Sunrise UMC. We have several teaching slots open for the fall and would love to have some new faces on our teaching rotations. If you have questions please feel free to contact Tara Sauls (tpsauls@gmail.com).

**Put Spiritual Growth and Building friendships
into your Schedule this September.**



We talk. We eat. We learn. We laugh.

We read the Bible. We pray for each other.

Life groups are communities of believers who meet in homes twice a month.

Our goal: to become an accepting place
where members help each other grow in love for God and others.

Contact Ann at alawton@mysunrise.org for more info about life groups.



Pot
Luck
Lunch

New Member Potluck - Ann Lawton is hosting a potluck at her home on **Sunday, August 28th, at 12:30pm, directly after the 11am service**, for people who have joined Sunrise UMC in the last 12 months. This get-together will be a great opportunity to get to know each other in a deeper way and help you to connect with other new people at the church. Ann's address is **105 Boatdock Drive in Holly Springs, 27540**. For further information, feel free to call Ann at **919-593-9806** or email alawton@mysunrise.org.



Help organize a marriage conference at Sunrise. If you are interested in helping with registration, materials or other aspects of creating a warm and caring environment for a marriage conference this January or February, please contact me at alawton@mysunrise.org I'd love to brainstorm and collaborate with you? - Ann Lawton

MUSIC AND ARTS MINISTRIES NOTES

August 2016



It's sweltering... Still SUMMER, BUT Autumn IS ON THE WAY!

A GREAT time to try something new!

All our Music and Arts ministries welcome newcomers...

Contact our Minister of Music and Arts, Laura Garrett, for details!



Drama

Opportunities for drama are provided periodically throughout the year.

There will also be a need for dramatic readings of scripture in weekly worship this season.

In December, our Live Nativity production will need costumed characters both nights, Dec. 2 & 3.

Adult Choir

Meets on Wednesday evenings at 7:00 p.m.

Our new season begins August 3rd.

Open to adults of all ages, and to youth 6th grade and up,

The Adult Choir provides music for 11:00 "Relaxed Traditional" worship each Sunday, plus special extended programs at Easter and Christmas.

We share our longer programs in outreach performances in the spring and at Christmastime.

This group is a great "small group" family who have a lot of fun, and support each other in prayer, as well as sharing the ministry of choral music.

Adult Praise Band

Rehearses on Tuesday evenings at 7:30 p.m.

Open to adults and older youth with basic experience on vocals or instruments.

The Praise Band provides music each Sunday for the Praise and worship service at 8:30 a.m.

Here is another "small group" opportunity for you to make friends and share in prayer.

John Classen is the leader.

Audio / Visual Ministry

Adults and older youth are invited to train on the sound board and computer, to learn the skills to assist in our 3 weekly worship services, and other programs. This is a vital need, and training times are flexible.

We especially need some volunteers who are able to assist with our Saturday night worship.

Children's Music and Arts

Our emphasis is on praising God and sharing God's love through music. We have a variety of opportunities for Younger and Older Elementary children to participate in Music and Arts:

+On Sunday Mornings, at the beginning of Sunday School (9:45 a.m.),

Younger Elementary children age 4 through grade 2 have an informal praise and worship song time.

+On Sunday afternoons at 3:30 p.m. Older Elementary children in 3rd through 5th grades are invited to Kids' Praise Ensemble, led by Jay and Laura Rabon.

Youth Praise Band “Fireproof”

Meets on Sunday afternoons:

This fall we will offer a Middle School group (4:00 to 5:00) and a High School Group (6:30 – 7:30).

Open to all youth. No prior experience necessary.

Singers and instrumentalists are encouraged to give this wonderful ministry a try. It’s a good way to make new friends and enjoy learning about music and sharing Jesus’ love.

Jay & Laura Rabon lead these groups.

Men’s Chorus

The Men of the church have a tradition of singing on Fathers’ Day each year, as well as other informal times. We have a great time, “making a joyful noise!”

Handbell Choir (JuBELLation)

Meets on Tuesday evenings at 6:30 p.m.

Open to adults and youth 6th grade and up.

We ring in worship about 4 times a year,
and have a great time learning about music and fellowshiping together.

Laura Garrett leads the Handbell Choir.

Guitar Ensemble

Meets on Sunday afternoons at 3:30 p.m.

Open to any age, no experience necessary.

Have you always wanted to learn to play guitar? **NOW’S YOUR CHANCE!**

Jay Rabon teaches the Guitar Ensemble.

Liturgical Dancers

This ministry meets periodically to prepare creative movement for worship.

Open to all ages, men and women, boys and girls **5 years old and up.**

We will be forming a group to prepare a piece for this fall,
so now is a great time to give dance ministry a try. No experience necessary.

Instrumental Ensemble

Adult and youth instrumentalists with at least one year experience on your instrument are invited to play in an ensemble periodically. Solo opportunities are also open for you to play in worship, and occasional help is needed for choral anthems with instrumental accompaniment.

Altar Guild

Visual artists share our creativity to enhance worship
through floral arrangements, fabric art, candles, banners, and other visuals.

This group also assists with the practical set-up and clean-up of the Sanctuary for worship and Communion.



Praise the Lord!



ASP

Appalachia
SERVICE PROJECT





MIDDLE SCHOOL GIRL'S BIBLE STUDY

The Middle School girls will begin a Bible study titled "Head to Soul Makeover" by Shelley Leith on Sept. 12th from 7:00pm to 8:15pm at the Floyd home - 5221 Linksland Drive, Holly Springs. Leith makes the following statement...

"Teen girls often struggle with stubbornness, insecurity, anxiety, stress, irritability, and envy....which can be crippling at this critical stage in their lives when they're forming their adult identities. Through the lens of culturally relevant television reality shows and magazine - type self quizzes this study hopes to transform lives head to soul. By exploring eight Christ-like character qualities we hope to put discipleship into practice."

Please join us for discussion, self assessment quizzes, makeover challenges, snacks and tons of fun! The Middle School Girls will rotate meeting in the Floyd and Mileski homes. If you have any question, please contact Rebecca at abenbell@icloud.com or Paige at mileski!@mac.com.



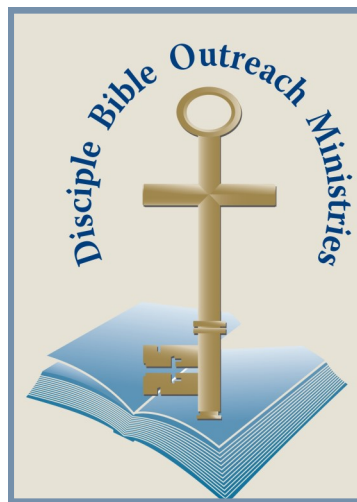
Calling all youthbe a part of Fireproof ministry! Sing, learn to play an instrument, lead worship services and participate in various outreach opportunities. No prior experience is necessary. The two youth praise band groups are open to any 6th to 12th grader and meet on Sundays throughout the school year. The high school group (6:30pm to 7:30pm) will resume rehearsals on August 21, and the middle school group (4:00pm to 5:00pm) will resume rehearsals on August 28. See Mr. Jay (rabonj@nationwide.com) or Ms. Laura (JLRabon3@aol.com) if you have any questions.



Come make a joyful noise! Learn about the Bible through fun activities and fellowship with your friends! Both Kids Praise Ensemble and Kids Bible Club resume on September 11. The groups are open to any 3rd to 5th graders. No prior music experience is necessary. Kids Praise Ensemble meets from 3:30pm to 4:00pm and Kids Bible Club meets from 4:00pm to 5:00pm on Sunday afternoons throughout the school year. For Kids' Praise, see Mr. Jay (rabonj@nationwide.com) or Ms. Laura (JLRabon3@aol.com) with any questions. For Kids' Bible Club, see Ms. Carol (andercc1@gmail.com) or Ms. Rebecca (abenbell@earthlink.net) with any questions.



Rex Healthcare will be at Sunrise on Monday, August 15th from 3:00pm to 7:00pm. Make your appointment at mysign-up.com/sunriseblooddrive or the sign-up sheet located in the lobby.



Disciples Bible Outreach Ministries (DBOM) was founded in 1999 and its mission is “to develop and strengthen Bible study ministries in local churches and in outreach settings - especially prisons - which will transform lives, make disciples, and empower Christians for outreach ministry.” DBOM recruits and trains volunteers from local churches for ministry in state and federal prisons, county and youth development centers. In addition, DBOM promotes Disciple Bible Study in local churches and provides facilitator’s training for volunteers. On August 27/28, you will have an opportunity to support this dynamic ministry through a special offering. Please prayerfully consider what you can contribute to provide for the ongoing mission of making disciples in the prisons of North Carolina.



CHICKEN WING COOK OFF

To Benefit

HOLLY SPRINGS FOOD CUPBOARD

The Men at Sunrise along with our brothers at Holly Springs UMC invite you to join in the fun of our 6th annual Chicken Wing Cook-Off. We're cooking wings again to benefit the Holly Springs Food Cupboard. If you're interested in cooking wings in the contest, please contact James Bingham at jamesbingham62@gmail.com. Tasters/Judges are welcome and encouraged to be on the lawn of the Holly Springs Baptist Church adjacent to the Holly Springs Farmer's Market on Saturday, August 20th, from 10:30am to 12:00pm. Come hungry and support the HS Food Cupboard!



Calling all Men and Boys. Join the men of Sunrise Church for a hearty Breakfast at **8:30 AM on Saturday, August 13th**. Expect outstanding food, meaningful fellowship, an uplifting devotion and opportunities for service. For more information see James Bingham (jamesbingham62@gmail.com)

THE MASON JAR TAVERN
Golf Tournament

COOKOUT • LIVE MUSIC

SILENT AUCTION • MASON JAR CATERED DINNER

SUNDAY, SEPTEMBER 11, 2016

THE MASON JAR TAVERN • 5-8PM

(\$10/PERSON)



GOLF TOURNAMENT

MONDAY, SEPTEMBER 12, 2016

12 OAKS GOLF COURSE • 9 AM

SIGN UP AT THEMASONJARTAVERN.COM

\$100 PER PERSON

(INCLUDES COOKOUT SUNDAY EVENING)

THEMASONJARTAVERN.COM



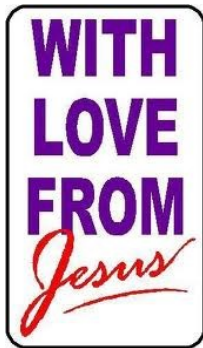
BENEFITTING THE HOLLY SPRINGS FOOD CUPBOARD

Wake County
Warmth for Wake
 Seasonal energy assistance outreach program

Warmth for Wake is a seasonal energy assistance outreach program which kicks off each year in October to provide fuel to low income residents of Wake County. Sunrise volunteers cut, sort, pack and deliver wood to low income participants through the program, several of whom reside in Holly Springs and surrounding communities. Contact: Mike Smith at masmith1068@nc.rr.com or 919-567-9060.

This October marks the start of the 39th season. The dates for this season are:

Oct.	15, 29
Nov.	12, 26
Dec.	10, 31
Jan.	14, 28
Feb.	11, 25
Mar.	11, 25



WLFJ ministries is an Evangelical outreach to the needy community in Raleigh, N. C. and surrounding areas.

Our goal is to minister to the spiritual as well as physical needs of those individuals we serve each week.

Sunrise UMC volunteers on the 1st Friday of most months. You are welcome to carpool from the Sunrise parking lot on **Friday, Sept. 9th at 8:15am** to go to WLFJ. We return around noon. If you would like more information please contact Bob Holm 919-267-5404.



Angels in Aprons - If you know of someone within the church family that can use a meal, please contact Lorie Hostetler at ljhostetler@gmail.com.



Hilda Ripperger
Lee Ripperger
Janice & Bob Mustian
Dickie Menius, father of Sherry Barker
Lu Streetman, mother of Barbara Cromer



Jenifer Grim at the death of her mother



August 2016

- 1 Jackson Barker, Jeffrey DiNoto,
Brayden Howell, Amy Rogers
- 2 Neal Haggard, Jamie Harris
- 3 Ava Marie Stover
- 4 Peggy Barnes, Patrick Dunn, Jane Jones,
Alexis Parrish
- 5
- 6
- 7 Bruce Ash, Brenda Ash
- 8 Kevin Adams, Curt Eaddy
- 9 David Beard, Allison Elliott,
Whitney Fredriksen, Greg Jarvis, Mary Willis
- 10 Hayes Garrett, Evan Moran
- 11 Marissa Ream
- 12 Shana Barr, Larry Francis
- 13 Jamie Shearer, Doug Unwin
- 14 Charlie Bauer, Sophia Fecioru, Erin Tabet,
Ronald Taylor
- 15 Paula Kaiser
- 16 Paige Mileski, Lisa Pearson
- 17 Lauren Brennan
- 18 Arthur Butler, Maxwell Clark
- 19 Charlene Smith
- 20
- 21
- 22 Lori Linfante
- 23 AJ Kimble, Sam Mathis, Carmen Moran
- 24 Brittany Heiser, Colton Rice
- 25
- 26 Sophia DiNoto
- 27
- 28 Franklin Floyd, Randy Gage, Timothy Mathis,
Bob Mustian, Jennifer Pride
- 29
- 30 Derek Moss, Eva Rogers, Jordan Shearer
- 31 Stephen Dahlhoff, Emily Hitesman